



P.E. Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Ball Games	Ball games	Gymnastics	Dance	Athletics	Multi-skills – group games and inventing rules for point scoring.
	Multi-skills – Focus on ball skills and point scoring games	Multi-skills – focus on control and dribbling.	Multi-skills – bat and ball skills – aiming and striking	Multi-skills – Developing partner work	Multi-skills- Throwing and catching – aiming games	Multi-skills – bat and ball skills – aiming and striking
Year 2	Games	Games	Gymnastics	Dance	Gym	Athletics
	Multi-skills – throwing and catching	Multi-skills – Dribbling, kicking and hitting	Multi-skills – throwing, catching and aiming	Multi-skills-	Multi-skills- Dribbling, kicking and hitting	Multi-skills – Making up group games and inventing rules.
Year 3	Invasion Games; Hockey	Invasion Games; Hockey	Gymnastics	Dance	Athletics	Athletics
	Gym	Tag Rugby	Gym	OAA- team building	Striking and Fielding games; Rounders and kick rounders	Net and wall games
Year 4	Invasion Games: Netball	Invasion Games; Net	Gymnastics	Dance	Athletics	Athletics
	Gym	Tag Rugby	Gym	OAA- team building	Batting and Fielding games; Cricket with CCC	Net and wall games
Year 5	Invasion Games; Basketball	Invasion Games; Tag Rugby	Gymnastics	Dance	Athletics	Athletics
	Gym		Gym	OAA- team building	Batting and Fielding games; Cricket with CCC	Net and wall games
Year 6	Gym	Gym	Gymnastics	Dance	Athletics	Athletics
	Invasion Games; Football- control and aiming	Invasion Games; Tactics, attacking and defending	Dance	OAA- team building	Batting and Fielding games; rounders	Net and wall games